R&C
FOOD SERVICE
NEWCASTLE & HUNTER VALLEY

NUTS & LEGUMES

TAHINI 1KG - GREEN HILL
ALMOND BLANCHED 1KG - GALAXY
ALMOND FLAKED 750G - GALAXY
ALMOND KERNALS - 1KG - GALAXY
ALMOND MEAL 800G - GALAXY
"ALMOND MEAL
PKT - 1KG - CATERERS"
ALMOND SLITHERED 1KG - GALAXY
ALMOND WHOLE 1KG - GALAXY
ALMONDS BLANCHED GROUND - 1KG - TRUMPS
"ALMONDS SLIVERED
PKT - 1KG - CATERERS"
APPLE DRIED 1KG - VARIOUS
APRICOTS - 1KG - GALAXY
APRICOTS DRIED 1KG - GALAXY
"APRICOTS DRIED TURKISH
PKT - 1KG - CATERERS"
"APRICOTS HALVES NATURAL JUICE
CAN - 3KG - HEINZ"
"APRICOTS IN SYRUP 825GR -
CAN - SPC"
BAKED BEANS 2.7KG - ALFINAS
BARLEY PEARL 1KG - TRUMPS
BEAN MIX FIVE ALFINAS
BEANS 5 BEAN MIX A10 - SANDHURST
BEANS BLACK DRIED 1KG - GALAXY
BEANS BLACK DRY
BEANS BLACK TURTLE
"BEANS CANNELLINI - DRY
PKT -1KG - CATERERS"
BEANS CANNELLINI DRIED 1KG
BEANS CANNELLINI DRY
BEANS CANNELLINI TINNED 2.5KG
BEANS PINTO BEANS DRIED 25KG
BEANS RED KIDNEY TINNED 2.5KG - APPETIT
BUCKWHEAT ORGANIC 5KG - DEMENTER FARMS
"BUCKWHEAT
PKT - 1KG - NGROCER"
CANNELINI BEANS
CARDAMON GROUND SHAKER-400GR
CASHEWS RAW 1KG - GALAXY
CASHEWS RAW 1KG - GALAXY
"CASHEWS ROASTED SALTED
PKT - 1KG - CATERERS"
CASHEWS SALTED 1KG - GALAXY
"CHERRIES DARK PITTED IN SYRUP
CAN - 3KG - DEWFRESH"
CHIA SEEDS BLACK 1KG - GALAXY
"CHIC PEAS
CAN - 400GR - EDGELL"
CHICKPEAS DRIED 1KG - GALAXY
CHICKPEAS TINNED 2.5KG - APPETIT
CHICKPEAS-A10-ALFINAS
COCONUT CHIPPED - 1KG - TRUMPS
COCONUT DESICCATED - 1KG - MCKENZIE
COCONUT DESICCATED 1.5KG - CATERERS
"COCONUT DESICCATED
PKT - 1.5KG - CATERERS"
COCONUT LONGTHREAD 1KG - TRUMPS
COCONUT SHAVED 3KG -TRUMPS
"COCONUT SHREDDED (LONGTHREAD)
PKT - 1KG - CATERERS"
CORN KERNELS 2KG FROZEN - EDGELL
CORN KERNELS A10
COUS COUS 1KG - GALAXY
COUS COUS PEARL 1KG - GALAXY
"COUS COUS PEARL
PKT - 1KG - TRUMPS"
"COUS COUS
PKT - 1KG - CATERERS"
CRANBERRIES DRIED SWEET-1KG-C/C
CRANBERRY DRIED SWEET 1KG - GALAXY
CURRANTS 1KG - GALAXY
"CURRANTS
PKT - 1KG - CATERERS"
DATES PITTED - 1KG - GALAXY
DATES PITTED 1KG - GALAXY
DUKKAH 500G - KRIO KRUCSH
"FIGS DRIED TURKISH
PKT - 1KG - CATERERS"
FIGS TURKISH 1KG - CATERERS CHOICE
FLAKED ALMONDS - 1KG - GALAXY
FREEKEH 2KG

GOJI BERRIES ORGANIC 850G - HONEST TO GOODNESS

HAZELNUT 1KG - GALAXY

HAZELNUTS

LENTIL FRENCH DU PUY-1KG-AIV

LENTILS BLACK BELUGA 500G - MOUNT ZERO

LENTILS BLUE FRENCH 1KG - GALAXY

LYCHEES - 565G - ADMIRAL

MACADAMIA 1KG - GALAXY

MACADAMIAS RAW - 1KG - GALAXY

"MIXED FRUIT STANDARD
PKT - 1KG - TRUMPS"

"MIXED NUTS WITH PEANUTS ROASTED
PKT - 1KG - CATERERS"

MIXED PEEL DICED

"MUESLI BIRCHER DRY
PKT - 1KG - TRUMPS"

MUESLI P/C CRISPY DELUXE G/F-50X35GR-CARMANS

"MUESLI P/C NATURAL
CTN - 50X40GR - UNCLE TOBY"

MUESLI TOASTED CRISPY DELUXE 1.2KG CARMANS

MUSCATELS 300G

MUSCATELS 4KG

MUSHROOM FOREST MIX DRIED 500G - PLANTIN

MUSHROOM MORELS DRIED 500G - CHEFS CHOICE

MUSHROOM PORCINI DRIED 500G - MURACA

MUSHROOM SHITAKE WHOLE DRIED 500G - CHEFS CHOICE

MUSHROOMS PORCINI DRIED - 500G - CC

MUSTARD SEED WHOLE YELLOW 650G SHAKER

MUSTARD SEEDED

"PASTE TAHINI SESAME
JAR - 375GR - THE FOOD CO"

PEACH HALVES IN JUICE-DEWFRESH-3KG

"PEACHES SLICED NATURAL JUICE
CAN - 3KG - SPC"

PEANUT SALTED 1KG - GALAXY

PEANUTS RAW - 1KG - GALAXY

PEANUTS RAW 1KG - GALAXY

"PEANUTS ROASTED UNSALTED
PKT - 1KG - CATERERS"

"PEARL BARLEY
PKT - 1KG - CATERERS"

"PEARS SLICED NATURAL JUICE
CAN - 3KG - SPC"

PECAN NUTS 1KG - GALAXY

PEPITAS KERNALS 1KG

"PINEAPPLE PIECES IN SYRUP
CAN - 3KG - GOLDEN CIRCLE"

"PINEAPPLE PIZZA LIGHT IN SYRUP
CAN - 3KG - DEWFRESH"

"PINEAPPLE SLICED IN JUICE IMP -
3KG - GOLDEN CIRCLE"

PINEAPPLE SLICED IN LIGHT SYRUP - 3.03KG - DEWFRESH

PINEAPPLE THINS IN LIGHT SYR-DEW-3.06KG

PINENUT - 1KG - GALAXY

PINENUT 1KG - GALAXY

PISTACHIO KERNALS - 1KG - GALAXY

PISTACHIOS KERNELS 1KG - GALAXY

POLENTA 1KG - GALAXY

"POLENTA
PKT - 1KG - CATERERS"

POPPY SEEDS BLUE 600G

PRUNES PITTED 1KG - GALAXY

"PRUNES PITTED USA
PKT - 1KG - CATERERS"

QUINOA TRICOLOUR - 1KG - GALAXY

QUINOA TRICOLOUR 1KG - GALAXY

RAISINS 1KG - GALAXY

RAISINS GOLDEN JUMBO 500G - GALAXY

RED KIDNEY BEANS-A10-SANDHURST

SEEDS CARRAWAY 750GR-TRUMPS

SEEDS CHIA BLACK - 1KG-CATERERS

SEEDS HEMP - 1KG-MYORG

"SEEDS MUSTARD BLACK
CAN - 500GR - KRIO KRUSH"

SEEDS PEPITAS KERNELS PUMPKIN - CATERERS CHOICE - 1KG

"SEEDS SESAME BLACK
PKT - 400GR - KRIO KRUSH"

SEEDS SUNFLOWER-1KG-CC

SESAME SEEDS 1KG - GALAXY

SESAME SEEDS BLACK 600G - GALAXY

"SESAME SEEDS
PKT - 1KG - CATERERS"

SULTANAS 1KG - GALAXY

"SULTANAS IMPORTED
PKT - 1KG - CATERERS"

SUNFLOWER SEED KERNELS RAW 1KG - GALAXY

TAMRIND PASTE SEEDLESS 454G - PANTAI

TAPIOCA PEARL WHITE SMALL - 500G - RD

WALNUT HALVES AND PIECES 1KG - GALAXY

WALNUTS - 1KG - GALAXY

WALNUTS PICKLED

WATTLESEED FINE GROUND ROASTED - 250G - ASFC